



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Müller, Michael

Club: Sportteam Steinbach Meiningen
Number: 457

Course: 18.50 km
Lange Strecke

Category:
Männer M40

Total time: 1:30:15

Speed: 11.97 km/h
Running performance: 4:53 min/km

Rank in course/Total: 66 (of 157)

Rank in course/Men: 63 (of 136)

Best time in course: 1:00:28

Rank in category: 12(of 22)

Best time in the category: 1:15:32