



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Schultz, Frank

Club: Riege Natursteine
Number: 303

Course: 18.50 km
Lange Strecke

Category:
Männer M40

Total time: 1:30:34

Speed: 11.92 km/h
Running performance: 4:54 min/km

Rank in course/Total: 67 (of 157)

Rank in course/Men: 64 (of 136)

Best time in course: 1:00:28

Rank in category: 13(of 22)

Best time in the category: 1:15:32