



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Donner, André

Club: Breckerfeld  
Number: 410

Course: 18.50 km  
Lange Strecke

Category:  
Männer M35

Total time: 1:30:58

Speed: 11.87 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 69 (of 157)

Rank in course/Men: 66 (of 136)

Best time in course: 1:00:28

Rank in category: 12(of 17)

Best time in the category: 1:10:34