



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt
Number: 426

Course: 18.50 km
Lange Strecke

Category:
Männer M40

Total time: 1:31:10

Speed: 11.85 km/h
Running performance: 4:56 min/km

Rank in course/Total: 71 (of 157)

Rank in course/Men: 68 (of 136)

Best time in course: 1:00:28

Rank in category: 15(of 22)

Best time in the category: 1:15:32