



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Schäfer, Christoph

Club: TSV 1899 Heyda  
Number: 452

Course: 18.50 km  
Lange Strecke

Category:  
Männer M20

Total time: 1:31:17

Speed: 11.83 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 73 (of 157)

Rank in course/Men: 70 (of 136)

Best time in course: 1:00:28

Rank in category: 13(of 18)

Best time in the category: 1:00:28