



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

**Jäger, Mario**

Club: SV Frisch-Auf Emleben  
Number: 440

Course: 18.50 km  
Lange Strecke

Category:  
Männer M50

Total time: 1:32:24

Speed: 12.01 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 78 (of 157)

Rank in course/Men: 74 (of 136)

Best time in course: 1:00:28

Rank in category: 8(of 15)

Best time in the category: 1:21:27