



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Jäger, Mario

Club: SV Frisch-Auf Emleben
Number: 440

Course: 18.50 km
Lange Strecke

Category:
Männer M50

Total time: 1:32:24

Speed: 11.69 km/h
Running performance: 4:59 min/km

Rank in course/Total: 78 (of 157)

Rank in course/Men: 74 (of 136)

Best time in course: 1:00:28

Rank in category: 8(of 15)

Best time in the category: 1:21:27