



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt
Number: 340

Course: 18.50 km
Lange Strecke

Category:
Männer M50

Total time: 1:32:24

Speed: 11.69 km/h
Running performance: 4:59 min/km

Rank in course/Total: 79 (of 157)

Rank in course/Men: 75 (of 136)

Best time in course: 1:00:28

Rank in category: 9(of 15)

Best time in the category: 1:21:27