



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

**Goymann, Uwe**

Club: Lauftreff Plaue  
Number: 343

Course: 18.50 km  
Lange Strecke

Category:  
Männer M45

Total time: 1:32:29

Speed: 11.68 km/h  
Running performance: 5:00 min/km

Rank in course/Total: 81 (of 157)

Rank in course/Men: 77 (of 136)

Best time in course: 1:00:28

Rank in category: 15(of 27)

Best time in the category: 1:07:33