



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Fritsch, Steve

Club: SG Salomonsborn 04
Number: 450

Course: 18.50 km
Lange Strecke

Category:
Männer M30

Total time: 1:33:10

Speed: 11.59 km/h
Running performance: 5:02 min/km

Rank in course/Total: 87 (of 157)

Rank in course/Men: 83 (of 136)

Best time in course: 1:00:28

Rank in category: 5(of 14)

Best time in the category: 1:13:21