



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Krüger, Lothar

Club: Bad Berka
Number: 312

Course: 18.50 km
Lange Strecke

Category:
Männer M50

Total time: 1:36:47

Speed: 11.16 km/h
Running performance: 5:14 min/km

Rank in course/Total: 100 (of 157)

Rank in course/Men: 93 (of 136)

Best time in course: 1:00:28

Rank in category: 12(of 15)

Best time in the category: 1:21:27