



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Wilinski, Axel

Club: SV Ilmtal Manebach
Number: 309

Course: 18.50 km
Lange Strecke

Category:
Männer M40

Total time: 1:37:01

Speed: 11.13 km/h
Running performance: 5:14 min/km

Rank in course/Total: 101 (of 157)

Rank in course/Men: 94 (of 136)

Best time in course: 1:00:28

Rank in category: 18(of 22)

Best time in the category: 1:15:32