



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

König, Gerd

Club: USV Jena
Number: 462

Course: 18.50 km
Lange Strecke

Category:
Männer M70

Total time: 1:39:47

Speed: 10.82 km/h
Running performance: 5:23 min/km

Rank in course/Total: 110 (of 157)

Rank in course/Men: 103 (of 136)

Best time in course: 1:00:28

Rank in category: 1(of 3)

Best time in the category: 1:39:47