



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Meier, René

Club: 1. SV Dienstedt-Hettstedt
Number: 442

Course: 18.50 km
Lange Strecke

Category:
Männer M45

Total time: 1:39:58

Speed: 10.80 km/h
Running performance: 5:24 min/km

Rank in course/Total: 111 (of 157)

Rank in course/Men: 104 (of 136)

Best time in course: 1:00:28

Rank in category: 19(of 27)

Best time in the category: 1:07:33