



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Kubis, Dagmar

Club: SV Sömmerda e.V. / Spröttau
Number: 448

Course: 18.50 km
Lange Strecke

Category:
Frauen W45

Total time: 1:45:36

Speed: 10.23 km/h
Running performance: 5:43 min/km

Rank in course/Total: 129 (of 157)

Rank in course/Women: 11 (of 21)

Best time in course: 1:26:39

Rank in category: 5(of 8)

Best time in the category: 1:26:39