



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Trummer, Jens

Club: Chemnitz  
Number: 405

Course: 18.50 km  
Lange Strecke

Category:  
Männer M45

Total time: 1:47:50

Speed: 10.02 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 133 (of 157)

Rank in course/Men: 121 (of 136)

Best time in course: 1:00:28

Rank in category: 22(of 27)

Best time in the category: 1:07:33