



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Berwing, Dieter

Club: SV TU-Ilmenau
Number: 339

Course: 18.50 km
Lange Strecke

Category:
Männer M45

Total time: 1:49:48

Speed: 9.84 km/h
Running performance: 5:56 min/km

Rank in course/Total: 140 (of 157)

Rank in course/Men: 127 (of 136)

Best time in course: 1:00:28

Rank in category: 25(of 27)

Best time in the category: 1:07:33