



## 8. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 23.04.2011

### Detailed evaluation

**Wirsching, Ines**

Club: Ilmenau

Number: 355

Course: 18.50 km

Lange Strecke

Category:

Frauen W45

Total time: 1:54:57

Speed: 9.66 km/h

Running performance: 6:13 min/km

Rank in course/Total: 145 (of 157)

Rank in course/Women: 16 (of 21)

Best time in course: 1:26:39

Rank in category: 7(of 8)

Best time in the category: 1:26:39