



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Hartmann, Heinz

Club: VfL 28 Ellrich
Number: 332

Course: 18.50 km
Lange Strecke

Category:
Männer M75

Total time: 1:54:57

Speed: 9.40 km/h
Running performance: 6:13 min/km

Rank in course/Total: 146 (of 157)

Rank in course/Men: 130 (of 136)

Best time in course: 1:00:28

Rank in category: 2(of 3)

Best time in the category: 1:33:20