



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Gebhardt, Sandra

Club: Madrid
Number: 387

Course: 18.50 km
Lange Strecke

Category:
Frauen W30

Total time: 1:55:31

Speed: 9.35 km/h
Running performance: 6:14 min/km

Rank in course/Total: 148 (of 157)

Rank in course/Women: 17 (of 21)

Best time in course: 1:26:39

Rank in category: 3(of 4)

Best time in the category: 1:40:21