



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Dr. Meyer, Joachim

Club: Triathlon Jena  
Number: 378

Course: 18.50 km  
Lange Strecke

Category:  
Männer M60

Total time: 2:00:24

Speed: 8.97 km/h  
Running performance: 6:31 min/km

Rank in course/Total: 152 (of 157)

Rank in course/Men: 133 (of 136)

Best time in course: 1:00:28

Rank in category: 5(of 5)

Best time in the category: 1:36:32