



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Ernst, Karola

Club: GMRV Schweinfurt
Number: 371

Course: 18.50 km
Lange Strecke

Category:
Frauen W55

Total time: 2:13:49

Speed: 8.07 km/h
Running performance: 7:14 min/km

Rank in course/Total: 157 (of 157)

Rank in course/Women: 21 (of 21)

Best time in course: 1:26:39

Rank in category: 2(of 2)

Best time in the category: 1:44:11