



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Thurm, Ingo

Club: Easy Fun  
Number: 85

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M40

Total time: 34:11

Speed: 15.80 km/h  
Running performance: 3:41 min/km

Rank in course/Total: 5 (of 307)

Rank in course/Men: 5 (of 222)

Best time in course: 31:22

Rank in category: 1(of 23)

Best time in the category: 34:11