



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Schuch, Joachim

Club: Weißensee  
Number: 124

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M55

Total time: 40:17

Speed: 13.41 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 50 (of 307)

Rank in course/Men: 47 (of 222)

Best time in course: 31:22

Rank in category: 2(of 20)

Best time in the category: 36:43