



## 8. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 23.04.2011

### Detailed evaluation

**Wächter, Hartmut**

Club: Wipfratal

Number: 209

Course: 9.30 km

Kurze Strecke

Category:

Männer M55

Total time: 40:28

Speed: 13.34 km/h

Running performance: 4:21 min/km

Rank in course/Total: 51 (of 307)

Rank in course/Men: 48 (of 222)

Best time in course: 31:22

Rank in category: 3(of 20)

Best time in the category: 36:43