



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Becker, Lars

Club: SG Glücksbrunn Schweina
Number: 67

Course: 9.30 km
Kurze Strecke

Category:
Männer M45

Total time: 40:33

Speed: 13.32 km/h
Running performance: 4:22 min/km

Rank in course/Total: 52 (of 307)

Rank in course/Men: 49 (of 222)

Best time in course: 31:22

Rank in category: 8(of 37)

Best time in the category: 36:12