



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Oemus, Friedel

Club: Dessauer SV '97

Number: 143

Course: 9.30 km

Kurze Strecke

Category:

Männer M70

Total time: 40:51

Speed: 13.22 km/h

Running performance: 4:23 min/km

Rank in course/Total: 54 (of 307)

Rank in course/Men: 51 (of 222)

Best time in course: 31:22

Rank in category: 1(of 8)

Best time in the category: 40:51