



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Enders, Katrin

Club: SWV Goldlauter- Heidersbach  
Number: 227

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W40

Total time: 41:08

Speed: 13.13 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 58 (of 307)

Rank in course/Women: 4 (of 85)

Best time in course: 37:30

Rank in category: 1(of 18)

Best time in the category: 41:08