



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Kurtz, Ralf

Club: Erfurt
Number: 91

Course: 9.30 km
Kurze Strecke

Category:
Männer M45

Total time: 41:38

Speed: 12.97 km/h
Running performance: 4:29 min/km

Rank in course/Total: 62 (of 307)

Rank in course/Men: 58 (of 222)

Best time in course: 31:22

Rank in category: 10(of 37)

Best time in the category: 36:12