



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Hertwig, Stefan

Club: LTV Erfurt e. V.  
Number: 437

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M30

Total time: 42:28

Speed: 12.72 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 68 (of 307)

Rank in course/Men: 61 (of 222)

Best time in course: 31:22

Rank in category: 8(of 23)

Best time in the category: 31:22