



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Beck, Henry

Club: SV Werra 07 Hildburghausen  
Number: 288

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M20

Total time: 35:00

Speed: 15.43 km/h  
Running performance: 3:46 min/km

Rank in course/Total: 7 (of 307)

Rank in course/Men: 7 (of 222)

Best time in course: 31:22

Rank in category: 3(of 23)

Best time in the category: 33:49