



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Poppner, Sebastian

Club: WSV Ilmenau 1908
Number: 193

Course: 9.30 km
Kurze Strecke

Category:
Männer M20

Total time: 43:53

Speed: 12.31 km/h
Running performance: 4:43 min/km

Rank in course/Total: 77 (of 307)

Rank in course/Men: 70 (of 222)

Best time in course: 31:22

Rank in category: 15(of 23)

Best time in the category: 33:49