



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Fabig, Frank

Club: Erlangen  
Number: 208

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M50

Total time: 44:00

Speed: 12.27 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 78 (of 307)

Rank in course/Men: 71 (of 222)

Best time in course: 31:22

Rank in category: 8(of 28)

Best time in the category: 34:52