



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

von Nordheim, Danny

Club: Jena

Number: 396

Course: 18.50 km

Lange Strecke

Category:

Männer M35

Total time: 1:32:26

Speed: 11.68 km/h

Running performance: 5:00 min/km

Rank in course/Total: 80 (of 157)

Rank in course/Men: 76 (of 136)

Best time in course: 1:00:28

Rank in category: 13(of 17)

Best time in the category: 1:10:34