



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Gronke, Viola

Club: SV 90 Umpferstedt
Number: 98

Course: 9.30 km
Kurze Strecke

Category:
Frauen W40

Total time: 45:03

Speed: 11.99 km/h
Running performance: 4:50 min/km

Rank in course/Total: 87 (of 307)

Rank in course/Women: 10 (of 85)

Best time in course: 37:30

Rank in category: 4(of 18)

Best time in the category: 41:08