



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Rosenberger, Marcel

Club: LG Frauenwald
Number: 267

Course: 9.30 km
Kurze Strecke

Category:
Männer M30

Total time: 45:03

Speed: 11.99 km/h
Running performance: 4:50 min/km

Rank in course/Total: 88 (of 307)

Rank in course/Men: 78 (of 222)

Best time in course: 31:22

Rank in category: 11(of 23)

Best time in the category: 31:22