



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Mehm, Harald

Club: Erfurt  
Number: 136

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M50

Total time: 45:24

Speed: 11.89 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 91 (of 307)

Rank in course/Men: 81 (of 222)

Best time in course: 31:22

Rank in category: 11(of 28)

Best time in the category: 34:52