



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Hermann, Rainer

Club: SV Thuringia Königsee
Number: 18

Course: 9.30 km
Kurze Strecke

Category:
Männer M65

Total time: 45:41

Speed: 11.82 km/h
Running performance: 4:55 min/km

Rank in course/Total: 95 (of 307)

Rank in course/Men: 85 (of 222)

Best time in course: 31:22

Rank in category: 1(of 9)

Best time in the category: 45:41