



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Kranich, Steffen

Club: Altenfeld
Number: 257

Course: 9.30 km
Kurze Strecke

Category:
Männer M40

Total time: 45:46

Speed: 11.80 km/h
Running performance: 4:55 min/km

Rank in course/Total: 96 (of 307)

Rank in course/Men: 86 (of 222)

Best time in course: 31:22

Rank in category: 11(of 23)

Best time in the category: 34:11