



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Xavier, Vall-Ilaura Espinosa

Club: 100x100 Fondistes Tàrrega
Number: 447

Course: 21.08 km
Halbmarathon

Category:
Männer M30

Total time: 1:54:42

Speed: 10.99 km/h
Running performance: 5:26 min/km

Rank in course/Total: 3 (of 64)

Rank in course/Men: 3 (of 53)

Best time in course: 1:47:19

Rank in category: 1(of 3)

Best time in the category: 1:54:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	26:01	4:56	1	-	2	0:03	5.27	26:01	4:56	1	-	30	
Runde	5.27	28:34	5:25	1	-	5	2:23	10.54	54:35	5:10	1	-	30	
Runde	5.27	29:12	5:32	1	-	4	1:53	15.81	1:23:47	5:17	1	-	30	
Runde	5.27	30:55	5:51	1	-	6	30:27	21.08	1:54:42	5:26	1	-	3	7:23