



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Sommer, Marco

Club: Team Erdinger Alkoholfrei  
Number: 384

Course: 42.16 km  
Marathon

Category:  
Männer M35

Total time: 3:49:58

Speed: 10.96 km/h  
Running performance: 5:27 min/km

Rank in course/Total: 19 (of 311)

Rank in course/Men: 19 (of 279)

Best time in course: 3:02:44

Rank in category: 5(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	26:16	4:59	6	2:55	29	4:33	5.27	26:16	4:59	24		25	
Runde	5.27	26:30	5:01	6	1:54	24	4:47	10.54	52:46	5:00	22		20	9:20
Runde	5.27	27:01	5:07	7	2:13	24	4:46	15.81	1:19:47	5:02	22		20	14:06
Runde	5.27	27:31	5:13	6	2:00	19	4:43	21.08	1:47:18	5:05	22		20	18:49
Runde	5.27	32:02	6:04	13	5:58	73	9:26	26.35	2:19:20	5:17	22		20	28:15
Runde	5.27	28:18	5:22	5	1:59	11	5:46	31.62	2:47:38	5:18	22		20	34:01
Runde	5.27	30:23	5:45	5	3:17	15	7:11	36.89	3:18:01	5:22	22		19	41:12
Runde	5.27	31:57	6:03	7	5:19	33	16:12	42.16	3:49:58	5:27	6	2:48:15	25	2:56:36