



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Wolter, Stefan

Club: SCR Schnaittach
Number: 445

Course: 42.16 km
Marathon

Category:
Männer M30

Total time: 3:52:17

Speed: 10.85 km/h
Running performance: 5:31 min/km

Rank in course/Total: 21 (of 311)

Rank in course/Men: 21 (of 279)

Best time in course: 3:02:44

Rank in category: 5(of 33)

Best time in the category: 3:37:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	26:14	4:58	7	1:45	28	4:31	5.27	26:14	4:58	30		27	
Runde	5.27	25:08	4:46	2	0:41	14	3:25	10.54	51:22	4:52	30		22	7:56
Runde	5.27	25:43	4:52	2	1:44	11	3:28	15.81	1:17:05	4:52	30		22	11:24
Runde	5.27	27:10	5:09	3	1:43	15	4:22	21.08	1:44:15	4:56	30		16	15:46
Runde	5.27	29:00	5:30	4	2:29	22	6:24	26.35	2:13:15	5:03	30		22	22:10
Runde	5.27	30:39	5:48	6	2:26	30	8:07	31.62	2:43:54	5:11	30		22	30:17
Runde	5.27	34:57	6:37	11	4:54	64	11:45	36.89	3:18:51	5:23	30		21	42:02
Runde	5.27	33:26	6:20	8	4:54	49	17:41	42.16	3:52:17	5:30	5	14:38	27	2:58:55