



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Jalowi, Andreas

Club: TV Dresden
Number: 159

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 3:59:44

Speed: 10.51 km/h
Running performance: 5:41 min/km

Rank in course/Total: 34 (of 311)

Rank in course/Men: 33 (of 279)

Best time in course: 3:02:44

Rank in category: 7(of 35)

Best time in the category: 3:26:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	26:26	5:00	7	3:05	32	4:43	5.27	26:26	5:00	26		39	
Runde	5.27	26:30	5:01	6	1:54	24	4:47	10.54	52:56	5:01	24		34	9:30
Runde	5.27	26:50	5:05	6	2:02	22	4:35	15.81	1:19:46	5:02	24		34	14:05
Runde	5.27	28:04	5:19	7	2:33	23	5:16	21.08	1:47:50	5:06	24		34	19:21
Runde	5.27	31:16	5:55	10	5:12	56	8:40	26.35	2:19:06	5:16	24		34	28:01
Runde	5.27	31:31	5:58	10	5:12	41	8:59	31.62	2:50:37	5:23	24		34	37:00
Runde	5.27	34:07	6:28	9	7:01	53	10:55	36.89	3:24:44	5:32	24		33	47:55
Runde	5.27	35:00	6:38	11	8:22	66	19:15	42.16	3:59:44	5:41	8	2:58:01	39	3:06:22