



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Slabon, Raimund

Club: Team Erdinger Alkoholfrei
Number: 380

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 4:00:45

Speed: 10.51 km/h
Running performance: 5:43 min/km

Rank in course/Total: 36 (of 311)

Rank in course/Men: 35 (of 279)

Best time in course: 3:02:44

Rank in category: 3(of 47)

Best time in the category: 3:29:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	31:26	5:57	14	6:11	126	9:43	5.27	31:26	5:57	27		41	0:53
Runde	5.27	29:38	5:37	6	4:37	70	7:55	10.54	1:01:04	5:47	27		36	17:38
Runde	5.27	29:39	5:37	5	3:37	62	7:24	15.81	1:30:43	5:44	27		36	25:02
Runde	5.27	29:30	5:35	4	3:34	45	6:42	21.08	2:00:13	5:42	27		36	31:44
Runde	5.27	29:27	5:35	3	3:08	27	6:51	26.35	2:29:40	5:40	27		36	38:35
Runde	5.27	29:58	5:41	2	2:41	20	7:26	31.62	2:59:38	5:40	27		36	46:01
Runde	5.27	31:11	5:55	2	3:32	21	7:59	36.89	3:30:49	5:42	27		35	54:00
Runde	5.27	29:56	5:40	2	4:18	15	14:11	42.16	4:00:45	5:42	3	31:38	41	3:07:23