



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

peemöller, sven

Club: 100 Marathon Club
Number: 282

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 4:01:10

Speed: 10.45 km/h
Running performance: 5:43 min/km

Rank in course/Total: 37 (of 311)

Rank in course/Men: 36 (of 279)

Best time in course: 3:02:44

Rank in category: 9(of 62)

Best time in the category: 3:33:30

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	25:35	4:51	6	2:49	23	3:52	5.27	25:35	4:51	41		42	
Runde	5.27	26:39	5:03	6	2:58	27	4:56	10.54	52:14	4:57	40		37	8:48
Runde	5.27	27:43	5:15	7	3:00	29	5:28	15.81	1:19:57	5:03	40		37	14:16
Runde	5.27	27:58	5:18	6	2:12	22	5:10	21.08	1:47:55	5:07	40		37	19:26
Runde	5.27	30:17	5:44	11	3:47	38	7:41	26.35	2:18:12	5:14	40		37	27:07
Runde	5.27	31:59	6:04	11	3:50	51	9:27	31.62	2:50:11	5:22	40		37	36:34
Runde	5.27	34:00	6:27	13	5:33	51	10:48	36.89	3:24:11	5:32	40		36	47:22
Runde	5.27	36:59	7:01	23	9:59	90	21:14	42.16	4:01:10	5:43	10	3:07:48	42	3:07:48