



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Schneider, Heinz

Club: Einheit Worbis
Number: 347

Course: 42.16 km
Marathon

Category:
Männer M60

Total time: 4:01:48

Speed: 10.42 km/h
Running performance: 5:44 min/km

Rank in course/Total: 38 (of 311)

Rank in course/Men: 37 (of 279)

Best time in course: 3:02:44

Rank in category: 2(of 5)

Best time in the category: 3:29:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	27:54	5:17	2	1:09	44	6:11	5.27	27:54	5:17	3		43	
Runde	5.27	28:32	5:24	2	3:18	49	6:49	10.54	56:26	5:21	2	4:27	38	13:00
Runde	5.27	29:37	5:37	2	4:39	59	7:22	15.81	1:26:03	5:26	2	9:06	38	20:22
Runde	5.27	30:14	5:44	2	4:31	59	7:26	21.08	1:56:17	5:30	2	13:37	38	27:48
Runde	5.27	31:10	5:54	2	4:36	55	8:34	26.35	2:27:27	5:35	2	18:13	38	36:22
Runde	5.27	31:15	5:55	2	4:17	40	8:43	31.62	2:58:42	5:39	2	22:30	38	45:05
Runde	5.27	31:56	6:03	2	4:57	31	8:44	36.89	3:30:38	5:42	2	27:27	37	53:49
Runde	5.27	31:10	5:54	2	4:32	26	15:25	42.16	4:01:48	5:44	3	2:34:14	43	3:08:26