



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

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Club: Magdeburger LaufKultur 08
Number: 28

Course: 21.08 km
Halbmarathon

Category:
Männer M45

Total time: 2:10:01

Speed: 9.69 km/h
Running performance: 6:10 min/km

Rank in course/Total: 11 (of 64)

Rank in course/Men: 11 (of 53)

Best time in course: 1:47:19

Rank in category: 2(of 11)

Best time in the category: 1:54:47

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 5.27 | 31:09 | 5:54 | 2 | 3:41 | 9 | 5:11 | 5.27 | 31:09 | 5:54 | 2 | 3:41 | 34 | |
| Runde | 5.27 | 31:05 | 5:53 | 2 | 1:54 | 10 | 4:54 | 10.54 | 1:02:14 | 5:54 | 2 | 5:35 | 34 | |
| Runde | 5.27 | 32:04 | 6:05 | 3 | 2:31 | 13 | 4:45 | 15.81 | 1:34:18 | 5:57 | 2 | 8:06 | 34 | |
| Runde | 5.27 | 35:43 | 6:46 | 4 | 7:08 | 20 | 35:15 | 21.08 | 2:10:01 | 6:10 | 2 | 15:14 | 11 | 22:42 |