



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Schweizer, Udo

Club: LG Ortenau Nord  
Number: 371

Course: 42.16 km  
Marathon

Category:  
Männer M35

Total time: 4:07:17

Speed: 10.19 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 49 (of 311)

Rank in course/Men: 46 (of 279)

Best time in course: 3:02:44

Rank in category: 9(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	30:35	5:48	12	7:14	93	8:52	5.27	30:35	5:48	19		52	0:02
Runde	5.27	30:22	5:45	12	5:46	93	8:39	10.54	1:00:57	5:46	6		47	17:31
Runde	5.27	30:40	5:49	13	5:52	88	8:25	15.81	1:31:37	5:47	26		47	25:56
Runde	5.27	30:36	5:48	10	5:05	66	7:48	21.08	2:02:13	5:47	26		47	33:44
Runde	5.27	30:48	5:50	9	4:44	47	8:12	26.35	2:33:01	5:48	26		47	41:56
Runde	5.27	31:00	5:52	8	4:41	38	8:28	31.62	3:04:01	5:49	26		47	50:24
Runde	5.27	31:26	5:57	6	4:20	23	8:14	36.89	3:35:27	5:50	26		46	58:38
Runde	5.27	31:50	6:02	6	5:12	32	16:05	42.16	4:07:17	5:51	10	3:05:34	52	3:13:55