



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Thomas, Bernd

Club: MSV Eintracht Halberstadt
Number: 403

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 4:08:00

Speed: 10.20 km/h
Running performance: 5:53 min/km

Rank in course/Total: 52 (of 311)

Rank in course/Men: 48 (of 279)

Best time in course: 3:02:44

Rank in category: 6(of 47)

Best time in the category: 3:29:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	25:28	4:49	2	0:13	21	3:45	5.27	25:28	4:49	29		53	
Runde	5.27	27:07	5:08	2	2:06	32	5:24	10.54	52:35	4:59	29		48	9:09
Runde	5.27	27:58	5:18	2	1:56	33	5:43	15.81	1:20:33	5:05	29		48	14:52
Runde	5.27	28:36	5:25	2	2:40	29	5:48	21.08	1:49:09	5:10	29		48	20:40
Runde	5.27	32:01	6:04	10	5:42	71	9:25	26.35	2:21:10	5:21	29		48	30:05
Runde	5.27	35:13	6:40	12	7:56	93	12:41	31.62	2:56:23	5:34	29		48	42:46
Runde	5.27	36:51	6:59	12	9:12	90	13:39	36.89	3:33:14	5:46	29		47	56:25
Runde	5.27	34:46	6:35	12	9:08	62	19:01	42.16	4:08:00	5:52	6	38:53	54	3:14:38