



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Kaluza, Jürgen

Club: Holzkirchener Marathonis
Number: 168

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 4:11:34

Speed: 10.02 km/h
Running performance: 5:58 min/km

Rank in course/Total: 57 (of 311)

Rank in course/Men: 53 (of 279)

Best time in course: 3:02:44

Rank in category: 7(of 47)

Best time in the category: 3:29:07

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	32:00	6:04	16	6:45	140	10:17	5.27	32:00	6:04	31		59	1:27
Runde	5.27	31:25	5:57	14	6:24	113	9:42	10.54	1:03:25	6:01	31		54	19:59
Runde	5.27	31:18	5:56	12	5:16	99	9:03	15.81	1:34:43	5:59	31		54	29:02
Runde	5.27	31:35	5:59	9	5:39	86	8:47	21.08	2:06:18	5:59	31		54	37:49
Runde	5.27	31:59	6:04	9	5:40	70	9:23	26.35	2:38:17	6:00	31		54	47:12
Runde	5.27	31:53	6:02	6	4:36	49	9:21	31.62	3:10:10	6:00	31		54	56:33
Runde	5.27	31:18	5:56	3	3:39	22	8:06	36.89	3:41:28	6:00	31		53	1:04:39
Runde	5.27	30:06	5:42	3	4:28	17	14:21	42.16	4:11:34	5:58	7	42:27	59	3:18:12