



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Mörth, Sascha

Club: Team Erdinger Alkoholfrei
Number: 255

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 4:14:07

Speed: 9.92 km/h
Running performance: 6:02 min/km

Rank in course/Total: 62 (of 311)

Rank in course/Men: 57 (of 279)

Best time in course: 3:02:44

Rank in category: 14(of 62)

Best time in the category: 3:33:30

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	28:08	5:20	12	5:22	51	6:25	5.27	28:08	5:20	46		63	
Runde	5.27	27:41	5:15	10	4:00	37	5:58	10.54	55:49	5:17	45		58	12:23
Runde	5.27	28:05	5:19	10	3:22	35	5:50	15.81	1:23:54	5:18	45		58	18:13
Runde	5.27	29:32	5:36	13	3:46	48	6:44	21.08	1:53:26	5:22	45		58	24:57
Runde	5.27	31:18	5:56	16	4:48	57	8:42	26.35	2:24:44	5:29	45		58	33:39
Runde	5.27	33:45	6:24	18	5:36	74	11:13	31.62	2:58:29	5:38	45		58	44:52
Runde	5.27	36:15	6:52	21	7:48	83	13:03	36.89	3:34:44	5:49	45		57	57:55
Runde	5.27	39:23	7:28	33	12:23	137	23:38	42.16	4:14:07	6:01	15	3:20:45	63	3:20:45